



COACHING PROGRAMME

	MON	TUE	WED	THU	FRI	SAT	SUN
9:00	Introduction to Padel		Beginner coaching clinic		Introduction to Padel		Intensive Padel intro (9:00 – 10:30)
10:00	Beginner coaching clinic	Padel + coffee social	Beginner matchplay	Padel + coffee social	PSC Levelling		
11:00	Intermediate coaching clinic						
12:00				Beginner coaching clinic			
13:00							
14:00							Intermediate Social – Matchplay
15:00					Padel League		
16:00		Junior Programme 5-8 years old			Padel League		High Intermediate social – Matchplay
17:00	Beginner coaching clinic	Junior Programme 9-12 years old	Padel League		Padel League		
18:00	Intermediate coaching clinic	Junior Programme 13-16 years old	Padel League		Friday Night Social – All levels except beginners		Advanced Social – Matchplay
19:00	High Intermediate coaching clinic	Beginner coaching clinic	Padel League				
20:00			Padel League				
21:00			Padel League				